



The 2014 Brunei Darussalam GSHS was a school-based survey of students in , which are typically attended by students aged 13 - 17 years. A two-stage cluster sample design was used to produce data representative of all students in in Brunei Darussalam. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate.

The Brunei Darussalam GSHS measured alcohol use; dietary behaviors; drug use; hygiene; mental health; physical activity; protective factors; sexual behaviors; tobacco use; and violence and unintentional injury. Students self-reported their responses to each question on a computer scannable answer sheet. The school response rate was 100%, the student response rate was 65%, and the overall response rate was 65%. A total of 2599 students participated in the Brunei Darussalam GSHS. Prevalence estimates (percentages) and 95% confidence intervals are presented below.

	Students Aged 13-15 Years			Students Aged 16-17 Years			Students Aged 13-17 Years		
	Total	Males	Females	Total	Males	Females	Total	Males	Females
<b>Alcohol Use</b>									
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	3.8 (2.8-5.1)	4.4 (3.0-6.5)	3.2 (2.0-5.0)	6.3 (4.2-9.5)	9.4 (5.9-14.5)	2.1 (1.0-4.2)	4.5 (3.5-5.8)	6.0 (4.3-8.2)	2.9 (2.0-4.3)
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	3.3 (2.4-4.6)	4.5 (3.0-6.6)	2.3 (1.3-4.0)	5.1 (3.9-6.7)	7.5 (5.5-10.2)	2.4 (1.2-4.5)	3.8 (3.0-4.9)	5.4 (4.1-7.0)	2.3 (1.5-3.6)
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	67.9 (58.9-75.6)	*	*	*	*	*	57.7 (48.2-66.8)	60.3 (49.8-69.9)	53.5 (39.2-67.1)
<b>Dietary Behaviors</b>									
Percentage of students who were underweight (<-2SD from median for BMI by age and sex)	2.7 (1.9-3.7)	3.3 (2.1-5.1)	2.1 (1.4-3.4)	3.9 (2.6-5.9)	4.4 (2.6-7.3)	3.4 (1.7-6.6)	3.0 (2.4-3.9)	3.6 (2.6-5.0)	2.5 (1.7-3.6)
Percentage of students who were overweight (>+1SD from median for BMI by age and sex)	36.1 (33.6-38.6)	37.4 (34.1-40.8)	34.8 (31.3-38.5)	33.0 (28.5-37.8)	32.5 (26.6-39.1)	33.6 (28.8-38.7)	35.2 (32.8-37.7)	35.9 (32.8-39.1)	34.5 (31.5-37.7)
Percentage of students who were obese (>+2SD from median for BMI by age and sex)	17.7 (15.8-19.8)	20.4 (17.7-23.4)	15.3 (12.7-18.2)	16.5 (13.5-19.9)	17.9 (13.8-23.0)	14.7 (11.3-19.0)	17.4 (15.7-19.2)	19.6 (17.4-22.1)	15.1 (12.9-17.6)
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	46.3 (42.8-49.9)	51.1 (46.7-55.6)	41.7 (37.2-46.4)	46.6 (40.8-52.4)	54.2 (47.2-60.9)	36.7 (29.8-44.1)	46.4 (43.2-49.6)	52.1 (48.0-56.1)	40.4 (36.3-44.6)



	Students Aged 13-15 Years			Students Aged 16-17 Years			Students Aged 13-17 Years		
	Total	Males	Females	Total	Males	Females	Total	Males	Females
<b>Drug Use</b>									
Percentage of students who used marijuana one or more times during their life	0.3 (0.1-0.8)	0.6 (0.2-1.7)	0.0	0.8 (0.3-1.8)	0.5 (0.1-2.2)	1.0 (0.3-3.0)	0.4 (0.2-1.0)	0.6 (0.2-1.6)	0.3 (0.1-0.8)
Among students who ever used drugs, the percentage who first used drugs before age 14 years	*	*	*	*	*	*	*	*	*
<b>Hygiene</b>									
Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days	2.1 (1.6-2.8)	2.7 (1.8-3.9)	1.6 (0.9-2.7)	2.3 (1.4-3.9)	2.5 (1.3-5.0)	2.1 (1.0-4.4)	2.2 (1.7-2.8)	2.6 (1.9-3.6)	1.7 (1.1-2.6)
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	2.9 (2.0-4.3)	3.6 (2.1-6.3)	2.1 (1.3-3.4)	2.7 (1.7-4.1)	2.4 (1.2-4.8)	3.0 (1.5-5.7)	2.8 (2.0-3.9)	3.3 (2.0-5.2)	2.4 (1.5-3.6)
<b>Mental Health</b>									
Percentage of students who ever seriously considered attempting suicide during the past 12 months	8.3 (6.8-10.1)	7.0 (5.3-9.3)	9.5 (7.5-12.0)	11.4 (8.6-15.0)	8.1 (5.5-11.8)	15.4 (11.1-20.9)	9.2 (7.8-10.8)	7.4 (5.9-9.2)	11.0 (9.1-13.4)
Percentage of students who actually attempted suicide one or more times during the past 12 months	5.2 (4.3-6.4)	4.5 (3.1-6.4)	5.9 (4.6-7.6)	7.1 (5.1-9.7)	4.5 (2.7-7.3)	9.6 (6.6-13.8)	5.7 (4.8-6.9)	4.5 (3.3-6.1)	6.9 (5.5-8.6)
Percentage of students who had no close friends	2.6 (2.0-3.5)	2.7 (1.8-4.3)	2.5 (1.6-3.9)	4.0 (2.7-6.0)	4.9 (2.8-8.3)	2.9 (1.7-5.2)	3.0 (2.4-3.7)	3.4 (2.4-4.8)	2.6 (1.9-3.7)





	Students Aged 13-15 Years			Students Aged 16-17 Years			Students Aged 13-17 Years		
	Total	Males	Females	Total	Males	Females	Total	Males	Females
<b>Tobacco Use</b>									
Percentage of students who used any tobacco on one or more days during the past 30 days	9.8 (8.0-12.0)	15.2 (11.9-19.2)	4.8 (3.2-7.1)	18.4 (14.5-23.0)	27.0 (21.2-33.8)	7.6 (4.9-11.5)	12.3 (10.3-14.5)	18.9 (15.4-22.9)	5.5 (4.1-7.4)
Percentage of students who smoked cigarettes on one or more days during the past 30 days	8.9 (7.2-11.0)	13.9 (10.7-17.9)	4.3 (2.8-6.5)	17.6 (13.7-22.2)	26.5 (20.7-33.2)	6.3 (4.0-9.8)	11.4 (9.4-13.6)	17.8 (14.3-21.9)	4.8 (3.5-6.5)
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	38.5 (35.5-41.5)	43.2 (38.8-47.7)	34.0 (30.8-37.3)	47.8 (44.3-51.4)	56.5 (51.6-61.3)	37.6 (31.9-43.7)	41.1 (38.6-43.8)	47.3 (43.6-51.1)	34.9 (31.8-38.2)
<b>Violence and Unintentional Injury</b>									
Percentage of students who were in a physical fight one or more times during the past 12 months	24.4 (21.5-27.5)	31.9 (27.4-36.8)	17.1 (14.0-20.8)	21.1 (17.7-24.9)	27.2 (22.8-32.1)	13.1 (9.9-17.1)	23.4 (21.0-26.0)	30.5 (26.7-34.6)	16.1 (13.5-19.0)
Percentage of students who were seriously injured one or more times during the past 12 months	29.7 (27.3-32.2)	37.1 (33.1-41.2)	22.8 (19.4-26.6)	30.8 (26.4-35.6)	38.9 (33.3-44.8)	21.1 (16.1-27.1)	30.0 (27.9-32.3)	37.6 (34.4-41.0)	22.4 (19.4-25.7)
Percentage of students who were bullied on one or more days during the past 30 days	23.4 (21.2-25.8)	25.3 (21.7-29.4)	21.7 (19.0-24.7)	15.3 (11.8-19.5)	14.8 (10.6-20.2)	15.4 (11.3-20.6)	21.1 (19.0-23.3)	22.0 (18.9-25.5)	20.1 (17.6-22.7)

\*Indicates data were not available.

**For additional information about the Brunei Darussalam GSHS, please contact:**

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**For general information about the GSHS, please visit:**

<http://www.who.int/chp/gshs/en/>  
or  
<http://www.cdc.gov/gshs/>